

GYMLAB

RASPOREDI GRUPNIH TRENINGA

STUDIO dvorana

Ponedjeljak	Utorak	Srijeda	Četvrtak	Petak	Subota
10:00-10:55 Morning workout	10:00-10:55 Pilates	10:00-10:55 Morning workout	10:00-10:55 Pilates	10:00-10:55 Morning workout	
	15:00-15:55 Senior fit		15:00-15:55 Senior fit		
	16:00-16:55 Senior fit		16:00-16:55 Senior fit		
	17:00-17:55 Kids workout		17:00-17:55 Kids workout		
18:00-18:55 Reset pilates by Martina	18:00-18:55 Stretching pilates by Anđelina	18:00-18:55 Reset pilates by Martina	18:00-18:55 Stretching pilates by Anđelina	18:00-18:55 Reset pilates by Martina	
19:00-19:55 Perform pilates by Martina	19:00-19:55 Fat burn pilates by Goga	19:00-19:55 Perform pilates by Martina	19:00-19:55 Fat burn pilates by Goga	19:00-19:55 Perform pilates by Martina	
	20:00-20:55 TRX Flowin		20:00-20:55 TRX Flowin		

GYMlab dvorana

Ponedjeljak	Utorak	Srijeda	Četvrtak	Petak	Subota
07:00-07:45 Morning F.I.T. by Goga		07:00-07:45 Morning F.I.T. by Goga		07:00-07:45 Morning F.I.T. by Goga	
10:00-10:55 Morning workout		10:00-10:55 Morning workout		10:00-10:55 Morning workout	10:00-10:55 F.I.T. MIX
18:30-19:25 F.I.T. by Goga		18:30-19:25 F.I.T. by Goga		18:30-19:25 F.I.T. by Goga	11:00-11:55 F.I.T. muška grupa
19:30-20:25 F.I.T. by Matej	19:30-20:25 F.I.T. by Matej	19:30-20:25 F.I.T. by Matej	19:30-20:25 F.I.T. by Matej	19:30-20:25 F.I.T. by Matej	
20:30-21:25 F.I.T. by Adriana	20:30-21:25 F.I.T. muška grupa	20:30-21:25 F.I.T. by Adriana	20:30-21:25 F.I.T. muška grupa	20:30-21:25 F.I.T. by Adriana	
21:30-22:25 F.I.T.	21:30-22:25 F.I.T.	21:30-22:25 F.I.T.	21:30-22:25 F.I.T.	21:30-22:25 F.I.T.	